

2025

Counselor in Training Program

Application and Information



What is a Counselor in Training?

The Counselor in Training program is for those entering the 9th and 10th grades. A Counselor in Training, or CIT, is a vital part of the YMCA's summer camp program. As a CIT you will assist the YMCA staff with activities, arts and crafts, games, meals, cleaning and in general, making the camp run! A CIT is someone who is dependable and is willing to work hard while having a great time! You will be helping staff oversee campers from the grades of Kindergarten through the Fifth grade. It is up to you as a CIT to be a good role model to these campers.

The CIT program is designed to teach valuable leadership skills which will help prepare you for the future. As a CIT you will learn important life lessons on respect, responsibility caring and honesty. You will be placed in a leadership position and serve as a role model to the many campers as well as your peers. You will also have the opportunity to take part in Community Service projects with your fellow CIT's. This program is designed to be a fun time while helping you grow and mature as you learn valuable training that will stay with you the rest of your life. Along with the application, we will be conducting interviews with each prospective CIT. This application and interview process will give you invaluable training and experience for future employment.

Camp Clarke 2025 promises to be a great time, but we the staff, depend on you, the CIT's, to help make this the best summer yet! I hope you are ready and excited to take on the challenge!

Katie Bresko
Camp and Recreation Director

Program Fees:

The CIT program is \$125.00 - \$150.00. We strongly encourage all CIT's to plan on attending a minimum of four weeks.

Counselor In Training
(Deadline to turn in completed application is June 7th)

Application Form

Name: _____ Age: _____ Date of Birth: _____

Address: _____

Street

City

State

Zip Code

Grade Completed 2024-2025 school year _____

School Attended _____

Related Childcare Experience

Special Interests, Hobbies or Talents

Please indicate any special medical information or condition that may be helpful to know in the event of an emergency

Parents Name _____ Date of Birth _____

Parents Phone _____

Home

Cell

Work

Parent Email _____

Swimming/Ropes Course/Field Trip Release: to be signed by parent/guardian

I give my child _____, permission to participate in recreational swimming, the ropes and adventure course at the Newport County YMCA and field trips/Community Service trips while participating at the Y Camp programs of 2025.

My child's swimming ability can be defined as:

NONE

LIMITED

ADVANCED

Parent/Guardian Name: _____

Parent/Guardian Signature: _____ Date: _____

I, _____, agree to serve, if accepted, as a Counselor in Training with the Y Camp Summer Program during the following weeks:
(Please mark the weeks that you **will be available** to work as a CIT).

- June 23 - 27 _____
- June 30 - July 4 _____
- July 7 - 11 _____
- July 14 - 18 _____
- July 21 - 25 _____
- July 28 - Aug 1 _____
- August 4 - 8 _____
- August 11 - 15 _____
- August 18 - 22 _____
- August 25 - 29 _____

(Excessive absenteeism from weeks you have obligated to work may result in termination from the program unless prior approval received. *This will be at the parent's expense.*)

I understand the completion of the application for the Summer Counselor in Training program or acceptance in previous summers does **NOT** automatically assure me a position in this program for 2025.

_____ Date: _____

Counselor in Training Applicant

_____ Date: _____

Parent/Guardian

FOR COUNSELOR IN TRAINING APPLICANT

Please answer the following questions completely and carefully. The answers you give will directly affect your acceptance and placement. You can use the back of this page or another piece of paper if needed.

1. What is your understanding of the responsibilities of a Counselor in Training?
2. What are three hardest parts of being a counselor? What are the three easiest?
3. Why do you want to be a CIT this summer at the YMCA?
4. What makes you a great candidate to be a CIT?
5. What is the coolest thing that you have ever done for someone else?
6. How will you take care of each camper who comes to the Y Camp this summer?
7. What do respect, caring, honesty, and responsibility mean in your life?
8. What are three of you best strengths and three things you need to work on?

Applicant Signature: _____ Date: _____

COUNSELOR IN TRAINING *Do's and Don'ts*

Do These Things!

Remember to be respectful of parents, staff, campers and other YMCA members
Dress appropriately
Wear CIT shirt on field trips and Mondays and Fridays
Listen and follow directions given by the camp staff
Help with activities and interact with children
Help keep the campsite clean by helping with cleaning duties as needed
Read to Children when asked to
Run errands as needed
Stay with your camp assignment
Report any problems or concerns you are having to the CIT Director.
Bring anything to the staff's attention which you feel could be unsafe for the campers
HAVE FUN!!

Do Not Do These Things!

Do not gossip
Do not talk about issues in front of children that deal with your personal life
Do not horseplay with the campers
Do not go into the restrooms with the campers
Do not use slang words or any words that are inappropriate for campers
Do not talk about children or their parents in a negative way
Do not say negative things about camp
Do not tease or bully campers, staff or fellow CIT's
Do not administer medication
Do not deal with disciplinary issues

FOR COUNSELOR IN TRAINING APPLICANT

I have read the DO's and DON'TS of the CIT program and the overview of the program. I understand that if I am accepted to the CIT program I will perform the duties expected to the best of my ability. If my work performance or behavior is deemed unacceptable, I understand that my participation in the program can be terminated at any time at the cost of my parent/guardian.

Applicant Signature: _____ Date: _____

FOR PARENT/GUARDIAN

I have reviewed the CIT materials and understand what is expected of my child. I agree to all terms and conditions of the CIT program. I give child permission to participate in the CIT program at the Y for the summer of 2024. I understand that all CIT fees paid are nonrefundable and nontransferable.

Parent/Guardian Signature: _____ Date: _____

LIABILITY RELEASE

I, the undersigned, request permission for _____ (child's name) to enter the Newport County YMCA (hereinafter the YMCA) school age programs and to participate in the YMCA activities associated with the program. I know and assume all risks related to the participation in such activities, where such risks arise on or off the YMCA premises. In consideration of the permission granted to enter the YMCA program premises, I release and discharge the owners, operators, and sponsors as well as all other person in any way related to the YMCA for claims, demands, damage actions and cause of action (present or future, whether known or unknown, anticipated or unanticipated) for any and all personal damages to my property relating to my presence on the YMCA premises and/participation in any YMCA activity. I certify that I am 18 years of age and that my participation in the YMCA activities are voluntary.

Parent/Guardian Signature: _____ Date: _____

Please drop off all completed applications to the front desk at the Newport County YMCA or email them to Katie Bresko at katieb@newportymca.org.

Once an application is received, you will hear from Katie, the camp director, to set up an interview for the CIT positions. If offered a CIT position, they will then be able to register for the selected weeks of summer.