



Newport County YMCA Aquatics Camp Swim Test

The Newport County YMCA Water Sports and Jr. Aquatics Summer Camps require all campers to undergo and pass an age appropriate swim test before attending camp. While all campers and staff wear properly fitted, Coast Guard Approved lifejackets when out in kayaks and paddleboards, the Aquatics camps also go to the beach, go boogie boarding, swimming, paddle-boarding, and partake in other water and beach sports. Having every camper tested for swim ability helps ensure their safety, and our staff's safety during the camp day.

The NCY Aquatics Department requires the following swim tests for all campers ages 6-8 in Jr. Aquatics Camp: 1- 25 yard swim without grabbing onto the wall or lane line and swimming confidently. For campers in Water Sports Camp, ages 9-13, the following is required: 1-50 yard swim and a 2 minute tread without grabbing onto the wall, lane line, or in the case of treading, without sinking under water. The swim test must be verified by a certified Lifeguard, Swim Coach, or Water Safety Instructor.

Please fill out this form and have it signed by a certified Lifeguard/Swim Coach/WSI upon completion of the test. Retain a copy of the signed form for your records and return it to the NCY Aquatics Department via email at emilyc@newportymca.org or by returning a printed and signed copy to the Newport County YMCA's Welcome Center. The signed form **MUST** be turned in at least one week **PRIOR** to your camp week. This is to allow time for any changes that need to be made.

Name of Camper _____

Name of Pool/Aquatics Facility _____

Name of Lifeguard/Swim Coach/WSI _____

- I hereby certify that the participant can swim either 1, 25 yard length of the pool (for ages 6-8) OR 1, 50 yard swim and 2 minute tread (for ages 9-13)
- The participant was unable to complete the swim test requirements at this time.

Signature of Lifeguard/Swim Coach/WSI _____

Date of Swim Test _____