NEWPORT COUNTY YMCA CAMP CLARKE
792 Valley Road, Middletown, RI 02842
SUMMER CAMP GUIDE 2023
WELCOME TO THE NEWPORT COUNTY YMCA SUMMER CAMP

Summer Camp is all about trading stories, sharing a favorite book or song with friends, and building new friendships. The Newport County YMCA takes pride in providing children with a great summer camp experience.

Our camp staff is always ready with a positive attitude and greets campers and families with a smile. The Newport County YMCA encourages children to enjoy summer to its fullest.

Find Your Fun. Find Your Y at the Newport County YMCA.

TABLE OF CONTENTS

Camp Philosophy...3
General Information...4/5
Meet Our Team...6
Weekly Camp Themes...7
Traditional Camp...8
Aquatics Camp...9
Gymnastics Camp...10
Outdoor Adventure Camp...11
Counselor in Training...12
Camp CFP...13
Race4Chase...14
New This Year!...15
CAMP PHILOSOPHY

The Newport County YMCA Summer Camp strives to instill the Y’s four core values of Caring, Honesty, Respect and Responsibility into every activity, every day.

**Caring:** Considerate to the needs and feelings of others.
**Honesty:** Being trustworthy and truthful.
**Respect:** Treating others, the environment, and yourself with dignity.
**Responsibility:** Accepting accountability for your role and actions in the community.

KIDS DO BETTER WHEN THEY HAVE ACCESS TO MULTIPLE OPPORTUNITIES AND RESOURCES.
At the Y, we call this our integrated approach to youth development.
GENERAL INFORMATION

WHEN IS CAMP?
HOURS: 8:30AM—4:30PM
Week 1: 6/26—6/30
Week 2: 7/3—7/7 (closed 7/4)
Week 3: 7/10—7/14
Week 4: 7/17—7/21
Week 5: 7/24—7/28
Week 6: 7/31—8/4
Week 7: 8/7—8/11
Week 8: 8/14—8/18
Week 9: 8/21—8/25
Week 10: 8/28—9/1

CAMP OFFERINGS

• The Newport County YMCA is proud to once again receive the American Camp Association Accreditation. ACA Accredited camps meet up to 300 standards for health, safety, and program quality.
• Variety of Camps to choose from
• Extended Care for an additional fee
  Morning – 7:30–8:30 AM and
  Afternoon – 4:30–5:30 PM

ACTIVITIES INCLUDED

Arts and Crafts
Sports and Games
Water Games
Swimming
High and Low Ropes Course
Performing Arts
Tumbling
And More!
GENERAL INFORMATION

CAMP BASICS TO BRING

Please make sure to write your child’s name on everything they bring to camp. If any other supplies are needed, your child’s counselor will inform you at drop off or pick up.

- Shorts
- T-Shirt
- Bathing Suit
- Closed Toe Shoes
- Towel
- Sweatshirt
- Backpack
- Lunch
- Snacks
- Sunscreen
- Bug Spray
- Reusable Water Bottle

PLEASE NOTE: A $10 Camp Registration Change Fee will occur for any requested camp week changes.

FINANCIAL ASSISTANCE AVAILABLE

No one will be denied the opportunity to participate in YMCA activities due to an inability to pay program or membership fees. Confidential scholarship assistance is available.

FINANCIAL ASSISTANCE DEADLINE: JUNE 1, 2023

In order to receive assistance, you must complete a camp financial assistance application packet. Along with the packet, you must submit two of the following income verifications when you apply:

- Federal Income Tax filing for previous year
- Two months of paycheck stubs
- Current statement of award of benefits
- Most recent unemployment check stubs
- Two months of bank statements.

Download the form on our website at https://newportymca.org/membership/financialaid/ or stop by the YMCA and pick a form up at the Welcome Center. Send completed applications by email to corio@newportymca.org

WHAT TO LEAVE AT HOME

The Y is not responsible for any lost or broken items.

- All Electronics
- Toys
- Stuffed Animals
- Cards (Pokémon, Yugioh, Playing Cards)
- Legos

LOST AND FOUND

The YMCA will keep possession of all misplaced items in our Camp Lost and Found. The Lost and Found area will be designated at the beginning of the Summer. Families are more than welcome to search for any missing items.
YMCA SUMMER CAMP COUNSELORS

Every parent wants their child to have great role models...and we've found them! Our staff comes from all over including our very own YMCA Leadership programs. They understand the magic of camp and work hard to ensure that your child has an amazing camp experience. Counselors are carefully screened and selected based on experience working with children, maturity, sound judgement and sensitivity. Safety is our top priority. Every member of our team is certified and trained in CPR, First Aid, OSHA regulations and Child Abuse Prevention.
WEEKLY FUN FRIDAYS

Week 1, June 30: Team Spirit
This day is all about team building! We will be participating in activities designed to form bonds between campers and with counselors. We will forge camp identities, learn camp chants, and leave feeling like we belong!

Week 2, July 7: Mystery Day
Campers will explore the unknown today. They will use their senses to help them sharpen their deductive skills, play mystery games, and solve riddles. Make sure you come ready to think strategically.

Week 3, July 14: Halloween in July
Come in your favorite costume and strut in our Costume Catwalk. Then play scary games and dance at our Halloween party. We will have a day of spooky summer fun.

Week 4, July 21: Water World
What better way to cool off than to devote a day to H2O! Play refreshing water games and compete in our Camp Clarke Regatta, where campers create a boat out of recycled materials.

Week 5, July 28: Color Games
Get ready for one of our most popular events! This is our Olympics, with each camp competing in crazy contests to bring home the trophy as Camp Clarke 2023 Champions.

Week 6, August 4: Shark Tank
A celebration of inventors and inventions! We will focus on creative problem solving, engineering exploration, and out of the box thinking.

Week 7, August 11: Art Adventures
We will bring arts and crafts outside today, engaging in new ways to create in the sunshine and fresh air. Prepare to get messy!

Week 8, August 18: Outrageous Obstacles
Today is all about challenging ourselves! We will have fun while making our way through elaborate obstacle courses.

Week 9, August 25: Give it a Whirl
We will express ourselves by dancing today. From dance demonstrations, dance contests, dance offs, and silly wiggles, we will have opportunities to get down to our favorite music.

Week 10, September 1: Grand Finale
Today is the day we look back on the fun and friendships of 2023 Camp Clarke. Participate in our walking yearbook activity and enjoy a slideshow of summer memories as we say, “See you soon!”
TRADITIONAL CAMP

Our Traditional Camps are designed for youth seeking a diverse daily experience of variety and enrichment. This camp promotes inclusive opportunities by exposing our campers to sports, arts & crafts, archery, adventure courses, swimming, social & emotional learning, and character development. Our goal is to guide youth in discovering new interests and developing confidence. Our counselors strive to nurture emerging friendships within our small camp families.

OFFERED WEEKS 1-10

Junior
Mariners
5–6 years old

Mariners
7–9 years old

Navigators
10–11 years old

Voyagers
12+ years old

WEEKLY COST

MEMBER: $200
NON MEMBER: $230
AQUATICS CAMP

Aquatics Camp provides an introduction and refinement to kayaking, paddle boarding, beach sports, and other fun aquatic adventures. Campers will enjoy a wide variety of aquatic experiences at local beaches and programs at the Y that include the ropes course, pool, visits to Fort Adams, surfing and more! Our staff are all lifeguard certified and trained in the skills they are instructing. All Aquatics campers must be strong swimmers who are able to complete specific swimming requirements. *Campers must be swim tested before registering.*

OFFERED WEEKS 1-9

Junior Aquatics
6-8 years old
25 yard swim test

Water Sports Camp
9-13 years old
50 yard swim test and
2 min tread

SWIM TESTS

Swim tests for Summer Camp will be held every Saturday from 11:30am to 12pm starting in February.

TO SCHEDULE SWIM TEST:
E: EMILYC@NEWPORTYMCA.ORG
P: (401) 847-9200 EXT 108

WEEKLY COST
MEMBER: $230
NON MEMBER: $260
JR GYMNASTICS CAMP 5–7 years old

GYMNASTICS CAMP 8–12 years old

For a high energy, fun experience, Gymnastics Camp is the place to be. Campers will spend their mornings outside playing games, doing arts and crafts, water games, and more. After lunch, campers will proceed into the Gymnastics Center where they will be grouped by age and ability. Our recently renovated gymnastics center includes competition-ready equipment for all 4 women’s events and all 6 men’s events, a foam pit, a Tumbl Trak, as well as a bouldering wall.

OFFERED WEEKS 1–10

NINJAZONE CAMP 6–11 years old

Our Ninja Camp involves a variety of activities in a safe and exciting environment. Ninjas will have a balanced day of indoor and outdoor activities, beginning their day outside for games, challenges, water slide, and some good old-fashioned summer fun. NinjaZone combines gymnastics, martial arts, obstacle training, and freestyle movement. Daily activities include drills for skills, obstacle courses, strength challenges, and games.

OFFERED WEEKS 2–9

WEEKLY CAMP COST

MEMBER: $230
NON MEMBER: $260

NINJAZONE CAMP COST

MEMBER: $240
NON MEMBER: $270
OUTDOOR ADVENTURE

Come experience an exciting week of rock climbing on the 40-foot four-sided climbing tower! Campers will also spend time on high and low ropes adventure courses with elements such as the vertical playpen, catwalk, peanut butter pit and more! Instructions from our certified team will include knot tying, belay commands and basic climbing technique. These campers will also participate in team building activities and games that will help them grow. We will also focus on the beautiful surroundings of Aquidneck Island with excursions such as nature walks, beach trips, and hikes. This group will climb in the morning and afternoon but will also include traditional activities such as swimming, archery and more!

OFFERED WEEKS 1–9

WEEKLY COST
MEMBER: $230
NON MEMBER: $260
8–13 years old

CONTACT INFO
Zach Simpson
E: zachs@newportymca.org
P: (401) 847–9200 EXT 136
COUNSELOR IN TRAINING

Our Counselor in Training Camp is a hands-on program for teens entering 8th and 9th grade for the upcoming Fall semester. The program will teach leadership skills, problem solving, communication skills, and work ethics. The first half of the program will consist of team-building activities, camp trainings, professional seminars, and other sessions about working with children in a camp environment. The second half of the program will focus on career-building and pursuing a Camp Counselor position for summers to come. All candidates for this program must be accepted prior to registration; please email campregistration@newportymca.org for the application. Once accepted, participants will be able to register for the program.

OFFERED WEEKS 1-10

WEEKLY COST
MEMBER: $100
NON MEMBER: $125
14 & 15 years old
CAMP CFP

Camp CFP is located in Portsmouth RI at our secondary location. Our traditional camps at Common Fence Point are designed for the well-rounded youth seeking a diverse daily experience of variety and enrichment by exposing our campers to sports, arts & crafts, archery, swimming, social & emotional learning, and character development. Our goal is to guide youth in discovering new interests and developing confidence. Campers will enjoy a NEW waterslide, gaga pit games, trips to the Newport County YMCA, and more!

OFFERED WEEKS 1–9. See CFP Brochure for more information.

WEEKLY COST

MEMBER: $195
NON MEMBER: $225
6–12 years old
The Race4Chase program was created in memory of Chase Kowalski. Chase was an amazing son, brother, and friend who was taken from the world on 12/14/12 in the Sandy Hook Elementary School tragedy. He loved sports of all kinds and had an incredibly competitive spirit. His family’s vision is “to turn tragedy into triumph by healing and strengthening our families and communities”. The Kowalski family wanted to capture Chase’s competitive spirit and vitality in creating a charity in his honor with a focus on health and wellness for children and their families. They formed the CMAK (Chase Michael Anthony Kowalski) Foundation with a focus on health and wellness for children and their families. You can support programs like Race4Chase by making a contribution to the Community Support Campaign or become a Race4Chase Chasing Summer Event Sponsor. For more information, or to discuss sponsorship opportunities, please visit the YMCA’s website at www.newportymca.org.

On August 13th, 2023, the Newport County YMCA will host an end of summer celebration called “Chasing Summer” at Fort Adams. The event is the celebration of the Y’s Race4Chase Kids Triathlon Program. The Program aims to provide kids aged 6-12 with a safe, healthy, non-competitive environment to discover the sport of triathlon.

This 6-week training program is offered free of charge to children ages 6-12 and is by application only. Application date TBD. The program meets daily and is a 3-hour clinic. The session starts for 2023 on July 5th.

CONTACT KATHY LAVIGUEUER
E: KATHYLAV@NEWPORTYMCA.ORG
P: (401) 847-9200 EXT 119
NEW THIS YEAR!

SQUASH CAMP

Coming soon: Squash Camps at the de Ramel Family Squash Center! Summer camp information will be out by April 15th.

Squash Camp programs are designed to encourage beginners to fall in love with squash and to help experienced players reach their competitive goals. Players will build skills, develop tactics, and improve their fitness and focus with a challenging and fun curriculum. Our camps balance work, play, and recovery to bring the best out of our summer camp participants.

Located at the Newport County YMCA, the de Ramel Family Squash Center features six new world-class international singles squash courts and one doubles court. We are a squash center, that is dedicated to bringing structured squash programs, offering lessons and clinics for all ages and abilities provided by professional coaching staff. Our center is also the home of Rhodysquash, a non-profit after school enrichment program that combines academic tutoring, squash instruction, community service and mentoring at no cost to accepted students on Aquidneck Island.

READING REAPS REWARDS

We are excited to announce that the Newport County YMCA is partnering with Newport Partnership for Families, for the second year of the Reading Reaps Rewards (R3) program. The R3 program helps students maintain literacy skills through interactive, engaging, and educational activities. During the six-weeks, students benefit from daily literacy instruction provided by certified teachers.

The R3 program is a great learning opportunity for Newport and Middletown elementary-aged children. It is important to note that this program is a 6 week commitment; enrolled children must attend for the 30 day duration. Children who attend the YMCA program year round are encouraged to apply.

Students must be in grades 1–4 and qualify for Extended School Year services. Availability is limited; participants will be approved based on need for the services.

PLEASE NOTE: This program is FREE as a result of generous grant funding. Please contact Andrea Florendo at andreaf@newportymca.org for an application.
FIND YOUR FUN.
FIND YOUR Y.

NEWPORT COUNTY YMCA
792 VALLEY ROAD, MIDDLETOWN, RI 02842
(401) 847–9200