



NEWPORT COUNTY YMCA

UPDATED 2/11/2022

COVID-19 POLICIES/OPERATIONAL INFORMATION

Please be advised that Newport County YMCA COVID-19 policies and regulations are a reflection of current guidelines put in place by the State of Rhode Island. The following policies are subject to change at any time. **For the most up-to-date**

Rhode Island COVID-19 Guidelines, please visit

www.reopeningri.com

i. **GENERAL FACILITY/WELLNESS CENTERS**

- a. Facility capacity increase of 100%
- b. Face masks are no longer required to be worn while participating in general facility activities. We recommend that patrons continue to wear a mask or face covering depending on their comfortability levels.
 - i. **If your child is participating in an organized youth program,** masks will still be required until March 4th.
- c. **Locker rooms, saunas and steam rooms** are open for general member use; **showers** are also open and will be cleaned regularly by staff throughout the day.
- d. **Hours of Operation** for the WELLNESS CENTER:
MONDAY – FRIDAY
5:30 AM – 7:30 PM
SATURDAY
7:00 AM – 4:00 PM
SUNDAY
7:00 AM – 12:00 PM
- e. **Nationwide YMCA Members** will be granted access to our facility using their membership reciprocity feature.
- f. **Active NCYMCA members are allowed to bring a guest.** All guests are expected to follow our rules and policies for the duration of their visit.

ii. **POOL/AQUATICS**

- a. We are permitted to have 2 people per lap lane.
- b. Reservations are required for Lap Swim, Water Fitness classes and the Recreation Lane; reservations open 3 days in advance.

iii. **GROUP EXERCISE**

- a. Reservations are required to participate in all Group Exercise classes. Members can start making reservations for classes up to 2 days in advance; this can be done over the phone, on our website at www.newportymca.org, or by downloading our Daxko app.

- b. All participants are encouraged to practice social distancing for the duration of each class.
- iv. **YOUTH PROGRAMS**
Please contact the Program Director for any specific questions regarding the program you or your child is interested in. Spectator requirements vary depending on our capacity and may change at any time.