FIND YOUR FUN. FIND YOUR Y.

NEWPORT COUNTY YMCA CAMP CLARKE
792 Valley Road, Middletown, RI 02842

SUMMER CAMP GUIDE 2022
WELCOME TO THE NEWPORT COUNTY YMCA
SUMMER CAMP

Summer Camp is all about trading stories, sharing a favorite book or song with friends, and building new friendships. The Newport County YMCA takes pride in providing children with a great summer camp experience.

Our camp staff is always ready with a positive attitude and greets campers and families with a smile at the beginning and end of each day. The Newport County YMCA encourages children to enjoy summer to its fullest.

Find Your Fun. Find Your Y at the Newport County YMCA.

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The Newport County YMCA Summer Camp strives to instill the Y’s four core values of **Caring, Honesty, Respect and Responsibility** into every activity, every day.

**Caring**: Considerate to the needs and feelings of others.  
**Honesty**: Being trustworthy and truthful.  
**Respect**: Treating others, the environment, and yourself with dignity.  
**Responsibility**: Accepting accountability for your role and actions in the community.

*KIDS DO BETTER WHEN THEY HAVE ACCESS TO MULTIPLE OPPORTUNITIES AND RESOURCES.*  
At the Y, we call this our integrated approach to youth development.
GENERAL INFORMATION

WHEN IS CAMP?
HOURS: 8:30AM—4:30PM
Week 1: 6/27—7/1
Week 2: 7/5—7/8
Week 3: 7/11—7/15
Week 4: 7/18—7/22
Week 5: 7/25—7/29
Week 6: 8/1—8/5
Week 7: 8/8—8/12
Week 8: 8/15—8/19
Week 9: 8/22—8/26
Week 10: 8/29—9/2

CAMP OFFERINGS
• The Newport County YMCA is proud to once again receive the American Camp Association Accreditation. ACA Accredited camps meet up to 300 standards for health, safety, and program quality.
• Variety of Camps to choose from
• Extended Care for an additional $25 per week
  Morning - 7:30-8:30 AM
  Afternoon - 4:30-5:30 PM

ACTIVITIES INCLUDED
Arts and Crafts
Sports and Games
Water Games
Swimming
High and Low Ropes Course
Performing Arts
Tumbling
And More!
GENERAL INFORMATION

WHAT TO BRING TO CAMP
Please make sure to write your child’s name on everything they bring to camp. If any other supplies are needed, your child’s counselor will inform you at drop off or pick up

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<thead>
<tr>
<th>Item</th>
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<tbody>
<tr>
<td>Shorts</td>
<td>T-Shirt</td>
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<td>Bathing Suit</td>
<td>Closed Toe Shoes</td>
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<td>Water Shoes</td>
<td>Towel</td>
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<td>Raincoat</td>
<td>Rainboots</td>
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<td>Sweatshirt</td>
<td>Backpack</td>
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<td>Lunch</td>
<td>Snack</td>
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<tr>
<td>Sunscreen</td>
<td>Bug Spray</td>
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<tr>
<td>Reusable Water Bottle</td>
<td>*We will be providing breakfast and lunch for all Campers this year!</td>
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</tbody>
</table>

WHAT TO LEAVE AT HOME
The Y is not responsible for any lost or broken items.

- All Electronics
- Toys
- Stuffed Animals
- Cards (Pokemon, Yugioh, Playing Cards)
- Legos

LOST AND FOUND
The YMCA will keep possession of all misplaced items in our Camp Lost and Found. The Lost and Found area will be designated at the beginning of the Summer. Families are more than welcome to search for any missing items.
MEET OUR TEAM

YMCA SUMMER CAMP COUNSELORS
Every parent wants their child to have great role models...and we’ve found them! Our staff comes from all over including our very own YMCA Leadership programs. They understand the magic of camp and work hard to ensure that your child has an amazing camp experience. Counselors are carefully screened and selected based on experience working with children, maturity, sound judgement and sensitivity. Safety is our top priority. Every member of our team is certified and trained in CPR, First Aid, OSHA regulations and Child Abuse Prevention.

ALI FIRLINGS
CAMP DIRECTOR
My name is Ali Firlings. I graduated UNH in 2020 with a degree in psychology. I have been with the YMCA for four years; I was the Summer Camp Coordinator in 2020, and I worked in the preschool during the school year. I stepped into the role of the Summer Camp Director in 2021, and also oversee our Out of School Time programs.

E: ALIF@NEWPORTYMCA.ORG
P: (401) 847-9200 EXT 135
WEEKLY CAMP THEMES

WEEK 1: ALOHA TO SUMMER
June 27th – July 1st

What a better way to spend your week at camp than with the cool island vibes of a Hawaiian paradise. We will be introducing campers to summer fun and games with our Aloha themed week.

WEEK 2: SPIRIT WEEK
July 5th – July 8th

Help us celebrate your camp spirit with these daily camp themes:
Tuesday- Pajama Day
Wednesday- Crazy Hair Day
Thursday- Mismatch Day
Friday- Crazy Sock Day

WEEK 3: UNDER THE SEA
July 11th – July 15th

Don’t let the heat stop you! This will be one wild, wet and water filled week! Make sure you pack your bathing suit, goggles and sunscreen as we prepare to play extreme water games.

WEEK 4: CAMP CLARKE’S GOT TALENT
July 18th – July 22nd

Whether it’s singing, performing, inventions or magic, we’ve got the space to celebrate each camper’s talent! We’ll spend the week practicing stellar programs for our friends as we put together our camp talent show.

WEEK 5: COLOR GAMES
July 25th – July 29th

Get ready for one of our most popular weeks of camp, filled with fun and friendly competitions.

WEEK 6: SUPERHERO WEEK
August 1st – August 5th

Help us save the world! We’ll enjoy a week at camp doing fun activities and great games, celebrating all our heroes from comic books to real life heroes.

WEEK 7: OLYMPIC WEEK
August 8th – August 12nd

Let’s take a trip! We will be traveling the world and stopping in various countries to play Olympic-style games.

WEEK 8: THE CARNIVAL
August 15th – August 19th

What do puppetry, juggling, balancing, object manipulation, and acrobatics have in common? They are all acts at the Circus! This week, campers will have the opportunity to try these activities and create a Circus at Camp!

WEEK 9: BLAST FROM THE PAST
August 22nd – August 26th

It’s time to get retro! Come have a totally groovy trip through the decades. Be prepared to take a far-out journey with us each day as we explore a different era learning about popular trends, games and music from the past.
Monday- 60’s Tie Dye
Tuesday- 70’s Disco
Wednesday- 80’s Hair Band
Thursday- 90’s Bubblegum Pop
Friday- 00’s

WEEK 10: SUMMER CAMP RECAP
August 29th – September 2nd

Summer is coming to an end which means it’s time to get ready for school. This week we will be highlighting all of our favorite activities that we participated in throughout the summer.
Our Traditional Camps are designed for youth seeking a diverse daily experience of variety and enrichment. This camp promotes more inclusion opportunities. By exposing our campers to sports, arts & crafts, archery, adventure courses, swimming, social & emotional learning, and character development. Our goal is to guide youth in discovering new interests and developing confidence. Our counselors strive to nurture emerging friendships within our small camp families.

OFFERED WEEKS 1-10

<table>
<thead>
<tr>
<th>Junior Mariners</th>
<th>Mariners</th>
<th>Navigators</th>
<th>Voyagers</th>
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<tbody>
<tr>
<td>5-6 years old</td>
<td>7-9 years old</td>
<td>10-11 years old</td>
<td>12-13 years old</td>
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WEEKLY COST

MEMBER: $195
NON MEMBER: $225
Aquatics Camp provides an introduction and refinement to kayaking, paddle boarding, beach sports, and other fun aquatic adventures. Campers will enjoy a wide variety of aquatic experiences at local beaches and programs at the Y that include the ropes course, pool and more! Our staff are all lifeguard certified and trained in the skills they are instructing. All Aquatics campers must be strong swimmers who are able to complete specific swimming requirements.

Campers must be swim tested before registering.

OFFERED WEEKS 1-10

Junior Aquatics
6-8 years old
25 yard swim test

Fort Adams Camp
9-11 years old
50 yard swim test and 2 min tread

Water Sports
12-13 years old
50 yard swim test and 2 min tread

WEEKLY COST
MEMBER: $230
NON MEMBER: $260

TO SCHEDULE SWIM TEST:
E: CARIB@NEWPORTYMCA.ORG
P: (401) 847-9200 EXT 108

NEW THIS YEAR!
We are excited to announce our new partnership with Rhody Surf. Professional surf instructors from Rhody Surf will be teaching surf lessons one or two times a week. Surf boards will be provided by the YMCA and Rhody Surf.
GYMNASTICS CAMP

GYMNASTICS CAMP
5-13 years old
For a high energy, fun experience, Gymnastics Camp is the place to be. Campers will spend their mornings outside playing games, doing arts and crafts, water games, and more. After lunch, campers will proceed into the Gymnastics Center where they will be grouped by age and ability. Our recently renovated gymnastics center includes competition-ready equipment for all 4 women’s events and all 6 men’s events, a foam pit, a Tumbl Trak, as well as a bouldering wall.

OFFERED WEEKS 1-10

NINJAZONE CAMP
6-11 years old
Our Ninja Camp involves a variety of activities in a safe and exciting environment. Ninjas will have a balanced day of indoor and outdoor activities. Campers will begin their day outside for games, challenges, water slide, and some good old-fashioned summer fun. After lunch, campers will go into our 6,000 sq. foot Gymnastics Center for Ninja training. NinjaZone combines gymnastics, martial arts, obstacle training, and freestyle movement. Daily activities include drills for skills, obstacle courses, strength challenges, and games

OFFERED WEEKS 2-9

CONTACT KATE FOELLER
E: KATEF@NEWPORTYMCA.ORG
P: (401) 847-9200 EXT 112

WEEKLY CAMP COST
MEMBER: $230
NON MEMBER: $260

NINJAZONE CAMP COST
MEMBER: $240
NON MEMBER: $270
Come experience an exciting week of rock climbing on the 40-foot four-sided climbing tower! Campers will also spend time on high and low ropes adventure courses with elements such as the vertical playpen, catwalk, peanut butter pit and more! Instructions from our certified team will include knot tying, belay commands and basic climbing technique. These campers will also participate in team building activities and games that will help them grow. We will also focus on the beautiful surroundings of Aquidneck Island with excursions such as nature walks, beach trips, and hikes. This group will climb in the morning and afternoon but will also include traditional activities like swimming, archery and more!

**OFFERED WEEKS 1-10**

**WEEKLY COST**

**MEMBER:** $220  
**NON MEMBER:** $250  
8-13 years old
Our Counselor in Training Camp is a hands-on program for teens entering 8th and 9th grade for the upcoming Fall semester. The program will teach leadership skills, problem solving, communication skills, and work ethics. The first half of the program will consist of team-building activities, camp trainings, professional seminars, and other sessions about working with children in a camp environment. The second half of the program will focus on career-building and pursuing a Camp Counselor position for summers to come. All candidates for this program must be accepted prior to registration. Please email Ali Firlings at alif@newportymca.org for the application. Once accepted, participants will be able to register for the program.

OFFERED WEEKS 1-10

WEEKLY COST
MEMBER: $100
NON MEMBER: $125
14 & 15 years old
Camp CFP is located in Portsmouth RI at our secondary location. Our traditional camps at Common Fence Point are designed for the well-rounded youth seeking a diverse daily experience of variety and enrichment. By exposing our campers to sports, arts & crafts, archery, swimming, social & emotional learning, and character development. Our goal is to guide youth in discovering new interests and developing confidence. Our counselors strive to nurture emerging friendships within our small camp families.

See CFP Brochure for more information.

WEEKLY COST
MEMBER: $195
NON MEMBER: $225
6-12 years old
The Race4Chase program was created in memory of Chase Kowalski. Chase was an amazing son, brother, and friend who was taken from the world on 12/14/12 in the Sandy Hook Elementary School tragedy. He loved sports of all kinds and had an incredibly competitive spirit. His family’s vision is “to turn tragedy into triumph by healing and strengthening our families and communities”. The Kowalski family wanted to capture Chase’s competitive spirit and vitality in creating a charity in his honor with a focus on health and wellness for children and their families. They formed the CMAK (Chase Michael Anthony Kowalski) Foundation with a focus on health and wellness for children and their families. You can support programs like Race4Chase by making a contribution to the Community Support Campaign or become a Race4Chase Chasing Summer Event Sponsor. For more information, or to discuss sponsorship opportunities, please visit the YMCA’s website at www.newportymca.org.

On August 14th, 2022, the Newport County YMCA will host an end of summer celebration called “Chasing Summer” at Fort Adams. The event is the celebration of the Y’s Race4Chase Kids Triathlon Program. The Program aims to provide kids aged 6-12 with a safe, healthy, non-competitive environment to discover the sport of triathlon.

This 6-week training program is offered free of charge to children ages 6-12 and is by application only. Application date TBD. The program meets daily and is a 3-hour clinic. The session starts for 2022 on July 5th.

CONTACT CORI KILZI
E: CORIO@NEWPORTYMCA.ORG
P: (401) 847-9200 EXT 117
### CAMP REGISTRATION

**PLEASE VISIT OUR WEBSITE AT** [https://newportymca.org/camp/](https://newportymca.org/camp/) **TO DOWNLOAD THE COMPLETE REGISTRATION PACKET.**

**CLEARLY PLACE AN “X” IN THE APPROPRIATE BOX TO INDICATE YOUR CAMP SELECTIONS**

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<thead>
<tr>
<th>CAMP SELECTION</th>
<th>WEEK 1 6/27-7/1</th>
<th>WEEK 2 7/5-7/8</th>
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<th>WEEK 4 7/18-7/22</th>
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<th>WEEK 6 8/1-8/5</th>
<th>WEEK 7 8/8-8/12</th>
<th>WEEK 8 8/15-8/19</th>
<th>WEEK 9 8/22-8/26</th>
<th>WEEK 10 8/29-9/2</th>
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<tr>
<td><strong>TRADITIONAL</strong> Ages 5-13</td>
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<td><strong>AQUATICS</strong> Ages 6-13</td>
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<td><strong>GYMNASTICS</strong> Ages 5-13</td>
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<td><strong>NINJAZONE</strong> Ages 6-11</td>
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<td><strong>OUTDOOR ADVENTURE</strong> Ages 8-13</td>
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<td><strong>CAMP CFP</strong> Ages 6-12</td>
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<td><strong>COUNSELOR IN TRAINING</strong> Ages 14&amp;15</td>
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<td><strong>EXTENDED CARE</strong> Additional $25 per week</td>
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Registering for all 10 weeks? Pay **IN FULL** and receive 10% off. This is equivalent to 1 free week of Camp!

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**FINANCIAL & SCHOLARSHIP ASSISTANCE**

No one will be denied the opportunity to participate in YMCA activities due to an inability to pay program or membership fees. Confidential scholarship assistance is available.

**FINANCIAL ASSISTANCE DEADLINE:**

JUNE 1, 2022

In order to receive assistance, you must complete a camp financial assistance application packet. Along with the packet, you must submit two of the following income verifications when you apply:

- Federal Income Tax filing for previous year
- Two months of paycheck stubs
- Current statement of award of benefits
- Most recent unemployment check stubs
- Two months of bank statements.

Download the form on our website at [https://newportymca.org/membership/financialaid/](https://newportymca.org/membership/financialaid/) or stop by the YMCA and pick a form up at the Welcome Center.

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**GIVE BACK: HELP A CHILD DISCOVER SUMMER CAMP!**

If you would like to donate to and give a child the opportunity to attend camp:

- **Camp Donor:** $20 - $99
- **Camp Benefactor:** $100 - $499
- **Camp Friend:** $500 - $999
- **Camp Supporter:** $1,000+

**DONATION PAYMENT METHOD:**

Please contact Susan Placenti at susanp@newportymca.org or 401-847-9200
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