



# NEWPORT COUNTY YMCA

UPDATED 7/22/2021

## COVID-19 POLICIES/OPERATIONAL INFORMATION

Please be advised that Newport County YMCA COVID-19 policies and regulations are a reflection of current guidelines put in place by the State of Rhode Island. The following policies are subject to change at any time. **For the most up-to-date**

**Rhode Island COVID-19 Guidelines, please visit**

**[www.reopeningri.com](http://www.reopeningri.com)**

### i. **GENERAL FACILITY/WELLNESS CENTERS**

- a. Facility capacity increase of 100%
- b. Patrons **who have been fully vaccinated** past 2 weeks against COVID-19 are no longer required to wear a mask or face covering while indoors and outdoors; those **who have not been vaccinated** must continue to wear a mask or face covering as directed by the CDC and RI Department of Health.
  - i. We recommend that patrons continue to wear a mask or face covering depending on their comfortability levels.
- c. **Locker rooms** are open for general member use; **showers** are also open and will be cleaned regularly by staff throughout the day.
- d. **Saunas and Steam Rooms** are open for use.
- e. **Hours of Operation** for the WELLNESS CENTER:  
**MONDAY – FRIDAY**  
5:30 AM – 7:30 PM  
VULNERABLE POPULATION HOUR 2:00 – 3:00 PM  
\*Deep Cleaning will occur 1:30 – 2:00 PM  
**SATURDAY**  
7:00 AM – 4:00 PM  
**SUNDAY – CLOSED**
  - i. NCYMCA Staff will be conducting a deep clean of the facility after closing each day and all day on Sunday to prepare for opening the following day.
- f. **Nationwide YMCA Members** will be granted access to our General Facility/Wellness Centers ONLY; members of other YMCA's will not be able to utilize our pool or Group Exercise classes as these areas will be limited to NCYMCA members only.
- g. **Members are now allowed to bring a guest.** All guests are expected to follow our rules and policies for the duration of their visit.

### ii. **POOL/AQUATICS**

- a. We are permitted to have 2 people per lap lane.

- b. Reservations are required for Lap Swim, Water Fitness classes and the Recreation Lane; reservations open 3 days in advance.
- iii. **GROUP EXERCISE**
  - a. Reservations are required to participate in all Group Exercise classes. Members can start making reservations for classes up to 2 days in advance; this can be done over the phone, on our website at [www.newportymca.org](http://www.newportymca.org), or by downloading our Daxko app.
  - b. Group Exercise capacity will remain at 15 people per class.
  - c. All participants are encouraged to practice social distancing for the duration of each class.
- iv. **YOUTH PROGRAMS**

*Please contact the Program Director for any specific questions regarding the program you or your child is interested in. Spectator requirements vary depending on our capacity and may change at any time.*