NEWPORT COUNTY YMCA
OUTDOOR CENTER

FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY
OUTDOOR CENTER

GENERAL INFORMATION

The Newport County YMCA Outdoor Center is located on 8 acres of fields with gorgeous waterfront views just minutes away from downtown Newport. The Outdoor Center provides an exciting experience with personal growth opportunities for all ages. The Center has a variety rental options that provide excellent mental and physical challenges, and it is the perfect venue for any event! The Outdoor Center does not limit itself to just a ropes course experience: it also provides different activities including teambuilding outings, field days, birthday parties and more! Choose from 6 of our beautiful spaces to host your event.

NCYMCA
OUTDOOR CENTER
WWW.NEWPORTYMCA.ORG
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TEAM BUILDING PROGRAMS

The Newport County YMCA Team Building Program is a great way for schools, non-profit organizations, youth groups, and corporate businesses to build teamwork skills, developing trust, and establishing communication with one another. Our program focuses on setting goals, building self-esteem through leadership activities, and making difficult decisions under pressure. The YMCA provides certified staff to lead these groups through a variety of activities. In addition to group activities, we provide safety training, group discussions relating to the activities, and goal setting.

OPTION 1
Large group activities and challenges that focus on trust, communication, and teamwork. This does not include ropes course activities. Up to 100 participants.

OPTION 2
Includes the same activities as Option 1, but with the addition of the Low Ropes Challenge Course. Up to 80 participants.

OPTION 3
Includes the same activities as Options 1 and 2, but with the addition of the High Ropes Challenge Course. Up to 50 participants.

OPTION 4
The Y comes to you! Includes the same activities as Option 1, but held at the destination of your choice (school, office building, church, etc.). Up to 50 participants.

Team Building Options may be booked for 3 or 5 hours only. Please contact Rachel Channen by email at rachelc@newportymca.org if this does not meet your requirements; we strive to accommodate all group needs within reason.

*All youth groups must have 1 adult supervisor for every 25 participants.
PRIVATE PARTIES

Come celebrate with us at the YMCA Outdoor Center! We are now booking parties in our Outdoor Center for the months of March through October. Parties are available for Newport County YMCA members and non-members. These parties may be booked for Saturdays and Sunday only; times may vary depending on party needs. We have a capacity to host 25 participants per party, including both adults and children. Refreshments, such as food and beverages, will not be included in party bookings.

Traditional Birthday Party
YMCA staff will lead party guests for an hour of fun activities and games followed by an hour of refreshments and celebrations of your choice in the outdoor pavilion. Activities may include sports and games, team building, and/or other specific party needs upon request.

Ropes Challenge Course Birthday Party (ages 6+)
Party guests will enjoy an hour of High Ropes Challenge Course and Rock Wall activities, lead by certified YMCA staff, followed by an hour of refreshments and celebrations of your choice in the outdoor pavilion.

Sports Birthday Party
YMCA staff will create a fun and engaging experience for party guests around desired sport, including an hour of skills and drills as well as games followed by an hour of refreshments and celebrations of your choice in the outdoor pavilion. Options include Soccer, Volleyball, Flag Football, Kickball, Baseball/T-Ball, and more!

Group Rentals
The Newport County YMCA offers the community and its members a variety of spaces to rent. Our facility space is great for any group to get together for any occasion. Schedule your work meeting, family reunion, graduation party, or team bonding event with us!

Party Add-Ons
*All Add-Ons can be provided for each Party Option upon request; available for an additional fee.

-Sports Equipment (soccer balls, basketballs, volleyballs, etc.)
-Inflatables (Bouncy House, Gaga Pit, Slip-n-Slide)
-Lawn Games (Cornhole, Giant Jenga, Ring Toss, etc.)
COURSE ELEMENTS

**High Ropes Course** takes you 50 feet above the ground! In the high ropes course, each participant will have the opportunity to traverse a cable, balance on a beam, or jump from a platform and reach for their goal. Individual climbers are assisted by their group members as they use a rope ladder and climbing holds to ascend our activities. All of our high elements use a harness and ropes safety system with highly trained staff.

**Low Ropes Course** allows participants to work together as a team to balance on wires, climb through spaces, use boards to create bridges and more! Groups rely on safety training and activity goal focusing to succeed on elements 0-3ft off the ground. Our experience staff will guide your group through a series of activities that will progress in intensity. Staff members will provide open ended questions and encourage groups to discuss the successes and challenges in debriefing sessions. The Low Ropes Course is an excellent tool for teambuilding and leadership development.
ADDITIONAL RENTAL OPTIONS

SPORTS TEAM/LEAGUE RENTALS

Looking for a space to host your team practices, meetings, games, trainings, and all things field-related? We have two beautiful fields available to rent for any sporting needs, as well as the following equipment:

- Pickleball
- Kickball
- T-Ball
- Ultimate Frisbee
- Golf
- Volleyball
- Soccer
- Hockey
- Archery
- Lacrosse
- Bocce Ball
- Flag Football

SCHOOL GROUP PROGRAMS

Feeling classroom burnout? Take a break and enjoy the beautiful outdoors while keeping everyone engaged! The NCYMCA is the perfect spot to host a classroom outing or school Field Day. We offer a variety of activities for groups as small as one classroom or as big as the entire school; available options are listed below.

**CLASS DAY**

Great for one classroom or entire grade; activities include relay races, scavenger hunts, icebreaker challenges, team building, and more! All participants will be broken up into groups and will be able to participate in all Class Day activities.

**FIELD DAY**

Offered for the whole school or multiple grade-levels. Groups will engage in different competitive games and exercises throughout the day, including similar activities to Class Day. The YMCA is here to make your Field Day the best one yet!

*All youth groups must have 1 adult supervisor for every 20 participants. Food and beverages will not be provided by the YMCA; please plan accordingly.*
SOAR BIG.
SOAR HIGH.
BE A PART OF OUR Y.