COVID-19 POLICIES/OPERATIONAL INFORMATION

Please be advised that Newport County YMCA COVID-19 policies and regulations are a reflection of current guidelines put in place by the State of Rhode Island. The following policies are subject to change at any time. For the most up-to-date Rhode Island COVID-19 Guidelines, please visit www.reopeningri.com

i. GENERAL FACILITY/WELLNESS CENTERS
   a. All members, staff, volunteers, and program participants must confirm that they do not have any signs or symptoms or COVID-19 upon entry.
   b. It is required to maintain at least 3-foot distance between individuals who do not live in the same household.
   c. Masks/face coverings must be worn at all times while inside the facility; the only exception to this is when actively swimming in the pool OR when showering.
      i. This includes Group Exercise, Basketball, Locker Rooms, etc.
      ii. Outdoor program participants are no longer required to wear a mask as long as a 3-foot distance is maintained.
   d. Locker rooms are open for general member use; showers are also open and will be cleaned regularly by staff throughout the day.
   e. Saunas and Steam Rooms will remain closed for the time-being as recommended by our insurance company. We will continue to investigate ways as to how we can reopen these areas safely.
   f. Hours of Operation for the WELLNESS CENTER:
      MONDAY – FRIDAY
      5:30 AM – 1:00 PM
      *CLOSED FOR CLEANING 1:00 – 2:00 PM
      2:00 – 3:00 PM (VULNERABLE POPULATION HOUR)
      3:00 – 7:30 PM
      SATURDAY
      7:00 AM – 4:00 PM
      SUNDAY – CLOSED
   g. NCYMCA Staff will be conducting a deep clean of the facility after closing each day and all day on Sunday to prepare for opening the following day.

ii. POOL/AQUATICS
   a. We are permitted to have 2 people per lap lane.
   b. Masks must be worn on the pool deck but may be removed while swimming.
c. Reservations are required for Lap Swim, Water Fitness classes and the Recreation Lane; reservations open 3 days in advance.

d. Water Fitness participants must maintain **6-foot distance** for the duration of class.

iii. **GROUP EXERCISE**

   a. Reservations are required to participate in all Group Exercise classes. Members can start making reservations for classes up to 2 days in advance; this can be done over the phone, on our website at [www.newportymca.org](http://www.newportymca.org), or by downloading our Daxko app.

   b. We are limited to 15 people per class.

   c. All participants must remain **6 feet apart**, and masks must be worn for the duration of the class.

iv. **YOUTH PROGRAMS**

   *Please contact the Program Director for any specific questions regarding the program you or your child is interested in. Spectator requirements vary depending on our capacity and may change at any time.*

   a. Two adult spectators and siblings are allowed per player for Outdoor Soccer.

   b. One spectator allowed per child for Swim Lessons.

   c. No spectators allowed for all Gymnastics Programs.

v. **OUTDOOR PROGRAMMING**

   a. Participants are not required to wear a mask during outdoor programming while maintaining **3-feet distance**.

   b. It is recommended that participants and spectators wear a mask, however it is not required.

vi. **SUMMER CAMP**

   a. COVID-19 Guidelines have not yet been released, however we will continue to monitor RI state guidelines prior to the start of Summer Camp 2021.