



NEWPORT COUNTY YMCA

UPDATED 3/29/2021

COVID-19 POLICIES/OPERATIONAL INFORMATION

Please be advised that Newport County YMCA COVID-19 policies and regulations are a reflection of current guidelines put in place by the State of Rhode Island. The following policies are subject to change at any time. **For the most up-to-date**

Rhode Island COVID-19 Guidelines, please visit

www.reopeningri.com

i. **GENERAL FACILITY/WELLNESS CENTERS**

- a. All members, staff, volunteers, and program participants must confirm that they do not have any signs or symptoms of COVID-19 upon entry.
- b. It is required to maintain **6-foot distance** between individuals who do not live in the same household.
- c. Masks/face coverings **must be worn at all times**; the only exception to this is when actively swimming in the pool OR when showering.
 - i. This includes Group Exercise, Basketball, Locker Rooms, etc.
- d. **Locker rooms** are open for general member use; **showers** are also open and will be cleaned regularly by staff throughout the day.
- e. **Saunas and Steam Rooms** will remain closed for the time-being as recommended by our insurance company. We will continue to investigate ways as to how we can reopen these areas safely.

f. **Hours of Operation** for the WELLNESS CENTER:

MONDAY – FRIDAY

5:30 AM – 1:00 PM

*CLOSED FOR CLEANING 1:00 – 2:00 PM

2:00 – 3:00 PM (VULNERABLE POPULATION HOUR)

3:00 – 7:30 PM

SATURDAY

7:00 – 10:00 AM

*CLOSED FOR CLEANING 10:00 – 10:30 AM

10:30 AM – 1:00 PM

SUNDAY – CLOSED

ii. **POOL/AQUATICS**

- a. We are permitted to have 2 people per lap lane.
- b. Masks must be worn on the pool deck but may be removed while swimming.
- c. Reservations are required for Lap Swim, Water Fitness classes and the Recreation Lane; reservations open 3 days in advance.

- d. Water Fitness participants must maintain 6-foot distance for the duration of class.

iii. **YOUTH PROGRAMS**

Please contact the Program Director for any specific questions regarding the program you or your child is interested in. Spectator requirements vary depending on our capacity and may change at any time.

- a. Two spectators are allowed per player for Outdoor Soccer.
- b. One spectator allowed per child for Swim Lessons.
- c. No spectators allowed for all Gymnastics Programs.
- d. All participants are required to wear a mask at all times (with exception to children under 3 years old).

iv. **SUMMER CAMP**

- a. COVID-19 Guidelines have not yet been released, however we will continue to monitor RI state guidelines prior to the start of Summer Camp 2021.