



NEWPORT COUNTY YMCA

UPDATED 12/17/2021

COVID-19 POLICIES/OPERATIONAL INFORMATION

Please be advised that Newport County YMCA COVID-19 policies and regulations are a reflection of current guidelines put in place by the State of Rhode Island. The following policies are subject to change at any time. **For the most up-to-date Rhode Island COVID-19 Guidelines, please visit www.reopeningri.com**

i. **GENERAL FACILITY/WELLNESS CENTERS**

- a. Facility capacity increase of 100%
- b. Per the **Governor's Executive Order issued on 12/15/21**: because the Newport County YMCA is considered to be a venue with a capacity of 250 people or more, **masks are required to be worn at all times while indoors regardless of vaccination status.**
 - i. The only exceptions to this policy are while **actively swimming** in the pool, **showering**, or **completing a routine** in Gymnastics.
 - ii. This policy will be **effective for 30 days starting 12/20/21 until 1/17/22.**
- c. **Locker rooms, saunas and steam rooms** are open for general member use; **showers** are also open and will be cleaned regularly by staff throughout the day.
- d. **Hours of Operation** for the WELLNESS CENTER:
MONDAY – FRIDAY
5:30 AM – 7:30 PM
SATURDAY
7:00 AM – 4:00 PM
SUNDAY
7:00 AM – 12:00 PM
- e. **Nationwide YMCA Members** will be granted access to our facility using their membership reciprocity feature.
- f. **Active NCYMCA members are allowed to bring a guest.** All guests are expected to follow our rules and policies for the duration of their visit.

ii. **POOL/AQUATICS**

- a. We are permitted to have 2 people per lap lane.

- b. Reservations are required for Lap Swim, Water Fitness classes and the Recreation Lane; reservations open 3 days in advance.

iii. **GROUP EXERCISE**

- a. Reservations are required to participate in all Group Exercise classes. Members can start making reservations for classes up to 2 days in advance; this can be done over the phone, on our website at www.newportymca.org, or by downloading our Daxko app.
- b. All participants are encouraged to practice social distancing for the duration of each class.

iv. **YOUTH PROGRAMS**

Please contact the Program Director for any specific questions regarding the program you or your child is interested in. Spectator requirements vary depending on our capacity and may change at any time.