



December 20th 2009 – February 28th 2010 Gymnasium Schedule

	SUNDAY		MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY		
	SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2	
5:30 AM			5:30 am – 10:00 pm		5:30 am – 10:00 pm		5:30 am – 10:00 pm		5:30 am – 10:00 pm		5:30 am – 10:00 pm				5:30 AM
6:00 AM			6:00 AM												
6:30 AM			6:30 AM												
7:00 AM	ADULT 7:00 am - 10:00 am		Fitness Class Reg. Required	OPEN	Fitness Class Reg. Required	OPEN	Fitness Class Reg. Required	OPEN	Fitness Class Reg. Required	OPEN	OPEN		ADULT Following Programs Require Registration		7:00 AM
7:30 AM															7:30 AM
8:00 AM			8:00 AM												
8:30 AM			8:30 AM												
9:00 AM			9:00 AM												
9:30 AM			9:30 AM												
10:00 AM			SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2					SIDE 1
10:30 AM	ALP	TAN	VCC	TAN	ALP	TAN	VCC	TAN	Bradley School	TAN	9:30 AM				
11:00 AM	ADULT	YOUTH & TEEN	12:00 - 2:00		12:00 - 2:00		12:00 - 2:00		12:00 - 2:00		12:00 - 2:00		Pee Wee's Basketball Ages 4 and 5		10:00 AM
11:30 AM			10:30 AM												
12:00 PM	SPECIAL OLYMPICS		ADULT		ADULT		ADULT		ADULT		ADULT		Rookie's Basketball Ages 6 and 7		11:00 AM
12:30 PM			11:30 AM												
1:00 PM			12:00 PM												
1:30 PM	FAMILY		2:00 - 5:30		2:00 - 5:30		2:00 - 5:30		2:00 - 5:30		2:00 - 5:30		All Star's Basketball Ages 8 and 9		12:00 PM
2:00 PM			1:00 PM												
2:30 PM	OPEN	OPEN	SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2	SIDE 1	SIDE 2	Youth & Teen		12:30 PM
3:00 PM			Youth & Teen	After School	All Saints Practice	After School	Youth & Teen	After School	Youth & Teen	After School	Youth & Teen	After School			3:00 PM
3:30 PM	ADULT		Open Youth	After School	All Saints Practice	After School	Open Youth	After School	Open Youth	After School	Open Youth	After School	ADULT		3:30 PM
4:00 PM			4:00 PM												
4:30 PM	ADULT		OPEN		OPEN		OPEN		OPEN		OPEN		ADULT		4:00 PM
5:00 PM			4:30 PM												
5:30 PM	ADULT		6:00 - 10:00		6:00 - 10:00		6:00 - 10:00		6:00 - 10:00		6:00 - 10:00		ADULT		4:30 PM
6:00 PM			5:00 PM												
6:30 PM	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		5:00 PM
7:00 PM			5:30 PM												
7:30 PM	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		5:30 PM
8:00 PM			6:00 PM												
8:30 PM	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		6:00 PM
9:00 PM			6:30 PM												
9:30 PM	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		6:30 PM
			6:00 PM												
	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		7:00 PM
			6:30 PM												
	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		7:30 PM
			7:00 PM												
	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		8:00 PM
			7:30 PM												
	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		8:30 PM
			8:00 PM												
	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		9:00 PM
			8:30 PM												
	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		9:30 PM
			9:00 PM												
	ADULT		ADULT Volleyball League		OPEN		ADULT Volleyball League		OPEN		OPEN		ADULT		9:30 PM
			9:30 PM												

YMCA Facility Hours:

Monday - Friday 5:30 am - 10:00 pm

Saturday 7:00 am - 9:00 pm

Sunday 7:00am - 5:00pm

We build strong kids, strong families, strong communities.