



Basketball Gym Schedule

Basketball Gymnasium @ Newport County YMCA

September 1st - November 4th

792 Valley Road
Middletown, RI 02842
(401) 847-9200

	MON	TUE	WED	THU	FRI	SAT	SUN
5am	Adult Open Basketball- Full Court 5am - 8am	Adult Open Basketball- Full Court 5am - 8am	Adult Open Basketball- Full Court 5am - 8am	Adult Open Basketball- Full Court 5am - 8am	Adult Open Basketball- Full Court 5am - 8am		
7am						Adult Open Basketball- Full Court 7am - 9am	Adult Open Basketball- Full Court 7am - 10am
8am	Open Basketball Gym- Side 1 8am - 10am	Pickleball 8am - 10am	Open Basketball Gym- Side 1 8am - 10am	Open Basketball Gym- Side 1 8am - 10am	Pickleball 8am - 10am		
	Family Open Basketball- Side 2 8am - 10am		Family Open Basketball- Side 2 8am - 10am	Family Open Basketball- Side 2 8am - 10am			
9am						Open Basketball Gym- Side 1 9am - 5pm	
						Adult Open Basketball- Side 2 9am - 12pm	
10am	Twice As Nice Basketball- Side 2 10am - 11:30am	Twice As Nice Basketball- Side 2 10am - 11:30am	Twice As Nice Basketball- Side 2 10am - 11:30am	Twice As Nice Basketball- Side 2 10am - 11:30am	Twice As Nice Basketball- Side 2 10am - 11:30am		Open Basketball- Full court 10am - 12pm
	Adapted Adult Sports Group- Side 1 10am - 11:30am	Open Basketball Gym- Side 1 10am - 11:30am	Open Basketball Gym- Side 1 10am - 11:30am	Adapted Adult Walking Group- Side 1 10am - 11:30am	Open Basketball Gym- Side 1 10am - 11:30am		
11am	Adult Open Basketball- Full Court 11:30am - 2pm	Adult Open Basketball- Full Court 11:30am - 2pm	Adult Open Basketball- Full Court 11:30am - 2pm	Adult Open Basketball- Full Court 11:30am - 2pm	Adult Open Basketball- Full Court 11:30am - 2pm		
12pm						Family Open Basketball- Side 2 12pm - 5pm	Youth/ Teen Open Basketball- Side 1 12pm - 2:30pm
							Family Open Basketball- Side 2 12pm - 2:30pm
2pm	Family Open Basketball- Side 2 2pm - 3pm	Family Open Basketball- Side 2 2pm - 3pm	Family Open Basketball- Side 2 2pm - 3pm	Family Open Basketball- Side 2 2pm - 3pm	Family Open Basketball- Side 2 2pm - 3pm		Pickleball 2:30pm - 5pm
	Youth/ Teen Open Basketball- Side 1 2pm - 5pm	Youth/ Teen Open Basketball- Side 1 2pm - 5pm	Youth/ Teen Open Basketball- Side 1 2pm - 5pm	Youth/ Teen Open Basketball- Side 1 2pm - 5pm	Youth/ Teen Open Basketball- Side 1 2pm - 5pm		
3pm	Twice As Nice Basketball- Side 2 3pm - 4:30pm	Twice As Nice Basketball- Side 2 3pm - 4:30pm	Twice As Nice Basketball- Side 2 3pm - 4:30pm	Twice As Nice Basketball- Side 2 3pm - 4:30pm	Twice As Nice Basketball- Side 2 3pm - 4:30pm		
4pm	Adapted After School Club- Side 2 4:30pm - 6pm	Adapted After School Club- Side 2 4:30pm - 5:30pm	Adapted After School Club- Side 2 4:30pm - 6pm	Adapted After School Club- Side 2 4:30pm - 6pm	Adapted After School Club- Side 2 4:30pm - 5:30pm		
5pm	Open Basketball Gym- Side 1 5pm - 6pm	Family Open Basketball- Side 1 5pm - 6pm	Open Basketball Gym- Side 1 5pm - 6pm	Open Basketball Gym- Side 1 5pm - 6pm	Family Open Basketball- Side 1 5pm - 6pm	Open Basketball- Full court 5pm - 9pm	

Please note that all classes are subject to change due to demand and participation. For your safety, it is recommended you consult your physician prior to starting any exercise program.



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	MON	TUE	WED	THU	FRI	SAT	SUN
					Adult Open Basketball- Side 2 5:30pm - 10pm		
6pm	Adult Volleyball League 6pm - 10pm	AAU Basketball Practice- Full Court 6pm - 9pm	Adult Volleyball League 6pm - 10pm	Butler Basketball Club 6pm - 8pm	Open Basketball Gym- Side 1 6pm - 10pm		
8pm				Open Basketball- Full court 8pm - 10pm			
9pm		Open Basketball- Full court 9pm - 10pm					

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Class Descriptions
Newport County YMCA

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Adult Open Basketball- Full Court - Pickup basketball open to all 18+