

# Family Gym Schedule

**Mon**

12:15pm - 1:15pm

**Tues.**

12:15pm - 1:15pm

**Wed.**

12:15pm - 1:15pm

**Thurs.**

12:15pm - 1:15pm

**Fri.**

12:15pm - 1:15pm

**Sat.**

6:00pm - 7:00pm

7:00pm - 8:00pm

**Sun.**

3:00pm - 4:00pm

4:15pm - 5:00pm



Open Family Gym is in the Gymnastic Center.

If you have any questions please contact Heidi Vargas @

847-9200 x122 or email: [family@newportymca.org](mailto:family@newportymca.org)