



Master Classes 2009

What are they?

'Special formatted classes' for our members by which instructors donate their time.

Why do members have to pay up for them?

The YMCA continues to build programs (for children, families and communities) with monies donated with various fundraisers throughout the year. **Master Classes** are a favorite of the Group Exercise Department.

When are the classes being held in 2009?

Here is a list of classes for the 2009 year. Dates, time are subject to change; formats to be determined. A Holiday schedule offer limited class on the holidays noted below.

January 1, 2009 Thursday

January 19th Monday Martin Luther King Day & Holiday Schedule

February 14th Saturday

March 22nd Sunday

April 11th Saturday

May 24th Sunday

June 21st Sunday

July 5th Sunday

August 16th Sunday

September 13th Sunday

October 24th Saturday

November 11th Wednesday, Veterans Day & Holiday Schedule

December 20th Sunday

"We build strong kids, strong families, strong communities"

Revised 12/26/08