

COMMON FENCE POINT GROUPX STUDIO

Sun	Mon	Tues	Wed	Thurs	Fri	Sat
	Zumba Gold 9:30am	Gentle Yoga 9am (upper level)	Zumba 9am	Chair Yoga 1pm	Zumba 9:15am	Barre 8:15am
Zumba 9am	Zumba 5:30pm	Body Pump 5pm		Zumba 6pm		Zumba 9am
		Zumba 6pm				Body Pump 10:15am

The above classes are free to YMCA members. Non-YMCA members are very welcome to walk-in (fee varies by class).